



Circle of Security®

PARENTING SERIES

At times all caregivers feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure caregiver-child relationships can be supported and strengthened.

Learning Objectives of the Class:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure in their relationship with you

Presented by: Pam Walz & Leyda Antunez

Location: Virtual via Zoom

Cost: Free thanks to Morgan Family Foundation Grant Funding

Dates: Mondays – September 27th, October 4th, 18th, & 25th

Times: 6:30-9:00 p.m.

Who should attend: Parents, caregivers, and guardians
(minimum of 5 caregivers, maximum of 15 caregivers)

Attending every week is important and expected! Families who attend every session will receive a gift of their choice (\$40 value) at the end of the class.

For questions or to register, please contact Cathy at Ellison Center:

320-406-1600, extension 0

or email: office@ellisoncenter.org

Ellison Center
A place for growth, development, and reflection

600 25th Ave S Suite 102, Saint Cloud, MN 56301 – www.EllisonCenter.org